



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2016

Sporting Excellence in Karate

National Level

Francis Tiplady

This is to certify that Francis Tiplady has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Francis competed at National Championships throughout England in 2016 winning the medals and titles listed below:-

Championship Success - 7 Gold 2 Silver 1 Bronze

Yorkshire Open Championships - 21st February, Barnsley

Silver - Individual Kata

Shindo Kai Junior Championships - 13th March, Barnsley

Gold - Individual Kata

Bronze - Individual Kumite

Shindo Kai Kata Championships - 3rd July, Barnsley

Gold - Individual Kumite

Gold - Team Kumite

Gold - Team Kata

North of England Championships - 23rd October, Sheffield

Gold - Individual Kata

Silver - Individual Kumite

Shindo Kai National Championships - 20th November, Barnsley

Gold - Individual Kata

Gold - Team Kata



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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Congratulations on your sporting achievements throughout 2016. Well done Francis.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy



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